Dental Care for Misawa Dependents

Option A: On Base Care

STEP 1. REGISTRATION (REQUIRED)

Enroll in the MHS Patient Portal:
https://myaccess.dmdc.osd.mil/identitymanagement/app/login or use the QR Code



Ensure your Sponsor has updated your contact information in DEERS:
 https://idco.dmdc.osd.mil/idco/ (Update 'My Profile')

STEP 2. JOIN THE WAITLIST

Contact the Misawa Dental Clinic to be added to the Waitlist. (See BOX 1. Waitlist Process)

- Call: US 011-81-176-77-6700 // Japan: 01<mark>76-77-6700</mark> // DSN: 315-226-6700
- Visit the Dental Clinic Front Desk (Bldg 99)

STEP 3. SCHEDULING

The clinic will contact you by phone or via the MHS Patient Portal to schedule your appointment.

- Clinic calls patient's number on file
- Patient Portal Notification via email

STEP 4. TREATMENT

Receive your exam, cleaning, and any necessary treatment.

- Patient added back to Waitlist if additional treatment is required
- No further treatment needed. Refer to STEP 1.
 REGISTRATION for next routine care.

IMPORTANT MESSAGE:

If you've been stationed at Misawa for OVER 2 YEARS and haven't had a dental exam and cleaning, please let us know when you call. We will place you on 'HIGH PRIORITY' and schedule you for the soonest possible appointment.

Option B: Off Base Care

STEP 1. ENROLLMENT (REQUIRED)

 Enroll in TRICARE Dental Program (United Concordia): https://milconnect-pki.dmdc.osd.mil/milconnect/protected/portlet/bwe ('Dental Enrollments' Tab)

STEP 2. CONTACT *Kumasaka Dental Clinic* (Hachinohe)

- Call: US 011-81-178-28-2818 // Japan 0178-28-2818
- Address: 1 Chome-27-13 Ishido, Hachinohe, Aomori 039-1165, Japan
- Website: https://dentalkuma.com
- English-speaking staff available.
- Easily found on Google Maps.
- Staff will assist with TRICARE paperwork.
- > Children welcome.
- Exams/Cleanings are typically covered by TRICARE Dental.

BOX 1. Waitlist Process

Waitlist Status Check

To check your waitlist status, call or visit the clinic: **US**: 011-81-176-77-6700 // **Japan**: 0176-77-6700 // **DSN**: 315-336-6700

DSN: 315-226-6700

When you're added to the Waitlist, you'll be assigned an approximate "Due Date" for your appointment. This date is based on the type of treatment you need and is an estimate of when you can expect to be scheduled.

Approx. **Due Date** by treatment type, as of July 2025:

- Pediatric
 - Exam/Cleaning: 7 Months
 - Specialty Care: 10 Months
- Adult
 - Exam/Cleaning: 4 Months
 - Specialty Care: 5 Months
- · Orthodontics Initial Eval: 6 Months

Due Date is subject to change based on Wing Readiness Requirements and Dental Clinic Construction Progress.

The Misawa Dental Clinic Cares About Your Wellbeing 🤎

If you feel you're not receiving the dental service or care you need, please ask to speak with the Dental Flight Chief: MSgt Luis Escobar or leave an ICE Comment so that we can improve and better serve you. ICE LINK: https://ice.disa.mil/index.cfm?fa=card&sp=90397

